

## BDS Second Year Pakistan Studies Study Guide

#### **Introduction:**

This course on Pakistan Studies provides a background on the Pakistan Movement and the political development after its inception. It also covers the salient features of Pakistan such as its land, economy, human development, and domestic, international, and current affairs.

This course has been designed so that Bachelor level students can appreciate the significance of the creation of Pakistan and its role in the world. The course of Pakistan Studies clearly links with what the students have studied in high school and proves a relatively greater depth to the topics studied earlier.

Health care providers in Pakistan must be motivated to serve the nation with dedication and zeal. Knowledge about Pakistan's past and current issues will help them release the importance of the country and will provide them with the impetus to serve Pakistan better.

#### **Credit hours:** 3

#### **Outcome:**

By the end of the course, AIDM students will be able to discuss the events that led to the creation of Pakistan, her geo-political significance and political structure

### **Teaching and learning:**

Pakistan studies classes will be conducted every alternate week with 8 one hour interactive lecture (IL) and 8 two hours small group discussion (SGD), in total 16 classes.

#### **Assessment tools:**

- 1. Multiple Choice Questions: (MCQs)
- One Correct Type
- One Best Type
- 2. Short Answer Questions: (SAQs)



s.n	Topic	Course Objectives:	Teaching	Assessment
0.	Topic	By the end of the course, 1st	method	Tool
0.		year students will be able to:	incuiou	1001
1.	Historical	A. People & Land:		
1.				
	Perspective	• Describe the geographical	11	MCO <sub>2</sub> (1C)
		Features of Pakistan, its location,	IL	MCQs (1C)
		features of the land and important		
		landmarks		
		Name the countries		
		neighbouring Pakistan		
		Discuss the significance		
		of prehistoric civilizations of the		
		subcontinent, i.e., Mehrgarh,		
		Indus Valley Civilization		
		(Mohenjo-Daro & Harappa), and		
		Gandhara.		
		Discuss the historical		
		contacts made by Indians with	SGD	
		traders, travelers and conquerors		
		from the Middle East, Persia,		
		Central Asia, etc.		
		State relevant example of		
		foreign assimilations into		
		mainstream India		
		Discuss the reasons that		
		brought them to the		
		Subcontinent.		
		• State relevant examples of		
		cultural & religious assimilations		
		as witnessed in the art, literature		MCQs (1B)
		and political/ religious		MCQs (1D)
		movements.		
		B. Ideological Rationale for		
		the creation of Pakistan		
		Explain the contributions made to		
		the Pakistan Movement by the	11	
		following: Sir Syed Ahmed	IL	
		Khan, Sir Allama Muhammad		
		Iqbal, and Quaid-e-Azam		
		Muhammad Ali Jinnah.		g 4 0
		C. Factors leading to Muslim		SAQ
		separatism		
		Describe the factors that led to	SGD	
		Muslim separation		
2.	Government &	Political and Constitutional	IL	MCQs (1C)
	Politics in	Phases		



	Pakistan	Describe the main events		
	Tukistan	and their effects on development		
		=		
		of Pakistan during the following		
		time periods:		
		a. From 1947-58		
		b. From 1958-71		
		c. From 1971-77		
		d. From 1988-99		
		e. From 1999 onwards		
3.	Contemporary	A. Economic Institutions &		
	Pakistan	Issues		
		• Explain the structure of	IL	SAQ
		Pakistan's economy (Agriculture,		
		Industry, Services sector and		
		Trade).		
		• Discuss the agriculture		
		sector in Pakistan	SGD	MCQs (1C)
			SOD	MCQs (1C)
		• Discuss the process of		
		Industrialization in Pakistan		
		• Explain the growth of the		
		services sector in Pakistan (IT,	IL	
		Telecommunication, Trade and		
		Banking industry).		
		Discuss contemporary		
		issues related to Pakistan's		
		economy		
		• Explain the concept of		
		'Balance of Payment (BoP)		
		crisis'		
		• Describe the role of		
		foreign remittance transfers	SGD	
		Describe the economic	DOD	
		developments in Pakistan such as		
		Roshan Digital Account,		
		Financial Inclusion etc.		
		Define 'Budget deficit'		
		• Discuss the of external		
		factors such as Foreign aid,		
		Foreign debt, IMF and World		
		Bank in economic progress		
		Describe the existing		
		Taxation structure of Pakistan		
		and implications for the poor.	IL	
		B. Society and Social Structure		
		Discuss the following issues		
		related to Pakistan's society and		SAQ and
		related to 1 axistan 5 society and		שות שות



social structure:		MCQs (1C)
i. Literacy in Pakistan		1410 Q5 (10)
ii. Population growth,		
composition, related issues and		
reforms.		
iii. Population distribution		
and implications for resource		
distribution and geopolitics.		
iv. Poverty trends and related		
reforms.		
TT7 1.1		
regional inequality		
vi. Rural-Urban migration and related issues.		
vii. Issues of gender equality	gCD.	
and developments	SGD	
viii. Class, Caste and Tribal		
system in Pakistan		
C. Ethnicity		
• Explain the ethnic		
structure of Pakistan		
Discuss Interprovincial		
conflicts, Intra provincial	**	
conflicts of ethnicity in Pakistan,	IL	
Discuss the inclusive and		
exclusive trends based on		
Ethnicity and their implications		
on Pakistan	SGD	
D. Foreign policy of Pakistan		
and Challenges		
• Foreign policy of Pakistan		
(Aims and objectives)	IL	
Pakistan and World		
powers (Russia, United States		
and China), Pakistan's relations		
with SAARC states, Middle East		
countries and Europe, Emerging		
Power centers and Pakistan.	SGD	SAQs and
Overview of		MCQs(1C)
demographic, social, economic,		
global and political challenges		
and resolutions.		



#### **Reading Sources:**

- 1. Kazimi, M.R (2007). Pakistan Studies. Oxford University Press
- 2. Khan. H., Constitutional and Political History of Pakistan, 2019, Oxford University Press, Karachi.
- 3. Wynbrandt, J., A Brief History of Pakistan, 2009.
- 4. Cohen, S. Philip, The Idea of Pakistan, 2004, Brookings Institution Press.
- 5. Long, Roger. D., A History of Pakistan, 2015, Oxford University Press, Karachi.
- 6. Zaheer, Hassan, The Separation of East Pakistan, 1994, Oxford University Press, Karachi.
- 7. Ziring, Lawrence, Pakistan in the Twentieth Century- A Political History, 1997, Oxford University Press, Karachi.

Note: Additional reading sources and presentations will be provided by JSMU on AIDM official website.

#### <u>Assessment Criteria:</u>

20% marks from internal assessment will be added to the final marks.: Continuous assessment (10%), Mid-term examination (5%), Mock examination (5%)

#### **Annual Examination:**

University Annual examination will be based on MCQs only.

### **Attempts:**

The first attempt must be in the first professional examination.

If failed, Students will have to pass this examination any time before graduation.

#### **Course Evaluation:**

Pass/fail ratio of continuous and summative assessments will be evaluated

75% attendance is mandatory to be eligible for annual professional examination

#### Feedback will be taken

- Regarding course from students and faculty
- Student feedback regarding faculty



• Faculty feedback of students

## **Teaching Faculty:**

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#### For queries:

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## **Medical Education Faculty:**

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