

BDS Second Year Dental Material Study Guide

Introduction

This course delivers the didactic knowledge of basic principles of dental materials along with training the students in various laboratory and clinical techniques. It familiarizes the future dentists with clinical selection and handling techniques of various dental materials.

Dentists are the end-users of dental materials, in student as well as professional life. It is essential to study Dental Materials Science to enhance understanding of properties and clinical uses of all the things they will be handling in their future as a dentist for betterment of the patients.

Learning Outcomes:

By the end of the course, BDS students will be able to

- describe in detail the composition, properties and hazards of dental materials
- discuss the manipulative techniques & selection of dental materials for their correct clinical applications.
- explain the concepts related to materials used in preventive & minimum intervention dentistry.
- fabricate partial dentures and demonstrate composite and amalgam fillings on models.

Teaching and learning:

- 1. Flipped Classroom (FC)
- 2. Interactive lectures (IL)
- 3. Direct observational laboratory skills (DOLS)
- 4. Tutorials (case based discussion)

Assessment tools:

- 1. Multiple Choice Questions: (MCQs)
- One Correct Type
- One Best Type
- 2. Short answer questions (SAQs)
- 3. Observed structured practical examination (OSPE)



s.no.	Торіс	Course Objectives: By the end of the course, 2 nd year students will be able to:	Teaching method	Assessment Tool
1.	Introduction, selection and evaluation of dental materials	 Define Dental Materials Science. Identify the different materials used in dentistry. Classify the various dental materials. Report the criteria for dental material selection and evaluation in relation to the clinical problem to be addressed. 	IL CBL	MCQ
2.	Biocompatibili ty & biological evaluation of materials	 Define biocompatibility, post-operative sensitivity, hypersensitivity (Type IV). Discuss the toxicity-corrosion Discuss the influence of dental materials on biological systems Discuss the performance of dental materials with regard to in-vitro and in-vivo tests and clinical trials. 	IL CBL	MCQ
3.	Biomaterials	 Relate interaction of dental biomaterials (DBMs) with the biological system. Discuss the use of DBMs in the body Describe the scaffolds in materials Explain the tooth and tissue engineering. Describe different biomaterials in use 	IL FC	MCQ
4	Biomechanics	Discuss biomechanics of dental amalgam, metals, ceramic and resin-based materials.	IL	MCQ SAQs
5	Biomaterial Testing	 Discuss the in-vivo and in-vitro models Discuss the three levels of testing and usage of dental biomaterials. List the names of biomaterial quality assurance and monitoring agencies. Discuss the importance of clinical tests and randomised clinical trials (RCTs) as the gold standard in biomaterial testing. 	IL	MCQ
6	Properties Of Dental Materials	 Describe the ideal properties of dental materials. Discuss the various physical, mechanical, thermal, rheological, biological and chemical properties of materials 	IL	MCQ SAQs



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		 Describe wettability and its significance Describe the stress and strain relationships of different dental materials Illustrate stress and strain relationships of different dental materials Describe tooth wear and its types Discuss the reaction of material under oral conditions Describe risk/benefit analysis Differentiate between/among the following: Absorption, adsorption and sorption; Adhesion and cohesion; Mechanical and chemical adhesion; Radio-opacity and radiolucency; Thermal conductivity and thermal diffusivity; Creep and flow; Chemical and electrochemical corrosion. Describe the factors affecting color, appearance and selection of materials. Justify the selection of materials on the basis of their mechanical properties. Relate flow characteristics of dental materials with their behavior. Discuss the various states of materials during their mixing, manipulation and oral conditions 	CBL	
7	Elastic & Non- Elastic Impression Materials	 Classify impression materials. Describe ideal properties of impression materials. Explain the steps of impression making and significance of each step Describe impression materials as duplicating materials Describe the general requirements, manipulative variables, application and clinical considerations of impression materials Describe the tissue management and cross infection control Discuss the composition, properties, indications, contraindications of elastic impression materials. Identify the different types of impression materials 	IL SGD IL	MCQ SAQs



		 used in dentistry. Justify selection of impression materials for different cases Mix alginate impression powder and water in the recommended ratio. Record an alginate impression on a phantom head. 	DOLS	
8	General Introduction & Classification Of Gypsum Products	 Write the chemical formula of dental gypsum Write the setting reactions of dental plaster and dental stone. Describe the compositions of dental plaster and dental stone. Classify gypsum according to ISO standard. Describe the requirements of dental cast materials. Describe the setting characteristics of dental plaster and the set material. Define die and cast. 	IL	MCQ SAQs
		 Describe the advantages and disadvantages of gypsum Describe the various types of die materials. 	CBL	
9	Manipulative Variables & Setting Characteristics	 Manipulate gypsum materials using the recommended technique. Build a plaster slab following the allocated dimensional guidelines. Justify any visualised change in slab dimensions during and after completion of setting Pour plaster models according to the recommended technique Fabricate plaster models. Trim plaster models. Perform finishing of plaster models. 	DOLS	
10	Manufacturing Processes	Explain dry and wet calcination for producing dental plaster and dental stone	IL	MCQ SAQs
11	Ideal requirements, properties, applications and classification	 Classify dental waxes according to their use and origin. Explain the components and applications of different types of dental waxes in dentistry. Describe the ideal requirements for wax pattern materials 	IL	MCQ SAQs



	of dental waxes	 Describe the Properties of dental waxes; Describe the steps of partial dental construction. Design partial denture on study models. Identify Kennedy's Class (including modifications) on models and pictures of dentures and dentition Justify the use of waxes for partial denture pattern. Perform wax-up on dental model according to the recommended guidelines 	DOLS	
12	Synthetic Polymers	 Define polymethylmethacrylate (PMMA), synthetic resins, acrylics, polymer, monomer, polymerization and self-, light- and heat-cured Describe stages of polymerization. Describe structure and properties of synthetic polymers. Classify synthetic and prosthetic laboratory resins. Describe the types, composition, characteristics, clinical application, manipulation the of synthetic and prosthetic laboratory resins. 	IL SGD DOLS	MCQ SAQs
13	Denture Base Polymers	 Discuss the requirement of denture base materials Describe the properties of acrylic resin as a denture base material Describe the composition, manipulation and processing of denture base polymers Explain the Alternative denture base material; Discuss the temporization (chairside and laboratory) in light of appropriate PMMA material based selection and setting chemistry. Mix monomers according to standard ratios. Identify the physical stages of PMMA polymerisation (cold cure). Fabricate an acrylic partial denture. 	IL SGD DOLS	MCQ SAQs
14	Denture lining materials	• Discuss the hard reline materials, tissue conditioners, temporary soft lining materials and permanent relining materials.	FC	MCQ SAQs
15	Separating media	 List the different types of separating media used in dentistry. Discuss the clinical and laboratory indications and applications of separating media. 	IL DOLS	MCQ



16	Introduction &classification of dental cements	 Classify dental cements. Differentiate between temporary and final cements. 	IL	MCQ SAQs
15	Manipulation & Setting Characteristics	 Mix zinc phosphate cement as a luting agent and base following the recommended technique Mix glass ionomer cement as a luting agent following the recommended technique Mix calcium hydroxide as a cavity lining agent following the recommended technique 	DOLS	MCQs SAQs
16	Application of dental cements	 Compare the types of dental cements on the basis of their uses as intra pulpal medicaments, bases, lining, luting and restorative materials. Discuss the requirements of dental cements for cavity lining, luting, endodontic and orthodontic purposes. 	SGD	MCQ SAQs
17	Introduction, Structure & Properties Of Metals & Alloys	 Discuss microleakage, creep, galvanism, tarnish, corrosion Discuss the significance of cubic crystal structure and eutectic alloys Discuss the properties of alloys; Discuss the crystallization process in metals Discuss the coring, homogenization and solid-state reactions occurring in alloys. List different methods of metal shaping in dentistry. 	IL	MCQ SAQs
18	Gold & Alloys Of Noble Metals	 Discuss the types and properties of pure gold fillings and casting gold alloys Discuss heat treatments. Compare the soldering and brazing materials on the basis of their properties. Describe composition of pure gold fillings and casting gold alloys. Classify gold and alloys of noble metals. 	IL	MCQ SAQs
19	Base Metal Casting Alloys	Compare the different types of base metal casting alloys on the basis of their properties and clinical indications.	SGD	MCQ SAQs
20	Steel And Wrought	• Identify the different types of wrought alloys.	IL	MCQ



	Alloys	 Discuss cold working, annealing, welding and soldering. Discuss the properties of steel and wrought alloys with respect to their clinical applications. Construct alphabets A, B, G, S using 0.7 mm SS wire on the given outlines Construct clasps for partial denture according to the standard protocol 		SAQs
21	Investment materials	 Differentiate between different types of investment materials. Discuss the composition and physicochemical properties required to manipulate investment materials. 	IL	MCQ SAQs
22	Casting	 Illustrate the formation of investment mould Illustrate the casting process/lost wax technique. Discuss casting process/lost wax technique. Discuss the faults in casting 	SGD	MCQ SAQs
23	Composition & Properties Of Ceramics And Porcelain Fused To Metal	 Classify the major types of ceramics. Compare the major types of ceramics on the basis of their composition, physical and optical properties. Relate the composition and properties of ceramics to their manufacturing clinical applications and performance. 	IL	MCQ SAQs
24	Preparation of Porcelain & Types of Ceramic	 Discuss compaction and firing. List types of ceramic restorations. Describe the principles of preparation of ceramic restorations 	IL	MCQ SAQs
25	CAD CAM Restorations	Discuss the fundamental concept behind computer aided prosthesis design.	FC	
26	Introduction to dental amalgam	 Discuss the requirements and historical perspective of direct restorative materials. Describe the primary purpose of each component of amalgam alloy. Discuss the importance of the role of mercury/alloy ratio and its effect on the setting reaction and restorative procedures. 	IL	MCQ SAQs



27	Setting Characteristics And Properties	 Discuss the setting chemistry associated with amalgam production. Discuss properties of dental amalgam. 	IL	MCQ SAQs
28	Clinical Handling And Manipulative Variables	 Discuss the ideology of Black's cavity design; Discuss the cavity design and matrices with regard to properties of the material. Justify Black's cavity design as an unchallenged baseline Relate the manipulative parameters of amalgam with the properties of the final restoration. 	IL DOLS	MCQ SAQs
29	Environmental Considerations of Dental Amalgam	 List the hazards of incorrect handling of mercury. Discuss the importance of mercury hygiene, mercury/amalgam scrap handling and disposal at chair side 	IL	SAQs
30	Introduction to Dental Composite Resin Based Restorative Materials	 Classify dental composites. Describe historical pretext of dental composites Describe components and composition of dental composites. Discuss the use of resin based dental composite materials for restorative procedures Discuss properties & setting characteristics properties of composites. 	IL	MCQ SAQs
31	Clinical Handling & Manipulative Variables	 Discuss the filler particle size, setting reaction and method of manufacture of dental composite resin based restorative materials with respect to the properties and behavior of the materials in situ. Discuss the use of composites in vivo. Describe new resin-based restorative material variants 	SGD CBL	MCQ SAQs
32	Introduction To Adhesion	 Describe adhesion, acid etching, conditioning and priming. Illustrate the general mechanistic aspects and approaches to adhesion. 	SGD DOLS	MCQ SAQs
33	Bonding Systems And Smear Layer	 Describe the enamel and dentin bonding agents; Discuss the various bonding systems. Discuss the smear layer and its importance as a determinant of clinical success of dental composites 	IL	MCQ SAQs



34	Bonding at tooth restoration interface	 Describe hybridization in relation to dental composites. Discuss the dental composite adhesion to tooth structure based on the principles of micromechanical attachment. 	IL	MCQ SAQs
35	Introduction To Glass Ionomer	 Discuss the historical importance of glass ionomer cements (GIC) as restorative cements. Discuss the constituents of GIC with respect to its properties. 	IL	MCQ SAQs
36	Setting Characteristics And Manipulative Variable Of GIC	 Describe the setting reaction of GIC Describe fluoride release and ion exchange Describe the interaction among GIC and the external environment and tooth interface Describe the dimensional stability of GIC Relate the properties of set GIC to its clinical manipulation and performance. 	IL CBL	MCQ SAQs
37	Modified GIC Restorative Material	 Justify the development of resin-modified glass ionomers. Discuss the significance of modified GIC constituents, their influences on properties and clinical performance of material. Discuss the properties, performance and clinical indications of cermet. 	IL	MCQ SAQs
38	Introduction to endodontic materials	Describe root canal treatment.	IL	MCQ SAQs
39	Irrigants & Lubricants	 Discus the intra-canal medicaments and filling materials used in endodontic treatments Discuss clinical handling characteristics of endodontic materials for optimal treatment outcomes 	IL	MCQ SAQs
40	Properties & Clinical Applications Of Artificial Teeth	 Describe the techniques for manufacturing artificial teeth. Differentiate between acrylic and porcelain teeth. List the requirements of artificial teeth. Perform teeth set-up on the given model using the recommended technique 	IL	MCQ SAQs



		 Justify selection of artificial teeth in various clinical applications. Identify the various types of artificial teeth and waxes 		
41	Introduction And General Concepts Of Finishing And Polishing Materials	 Describe finishing and polishing of dental prostheses and restorative materials. Identify equipment used in finishing and polishing of dental restorations. 	IL	MCQ SAQs
PRAC	TICALS	By the end of the course, students of 2nd year BDS will be able to:	Teaching method	Assessment Tool
1.	Plaster Slab & Plaster Block Fabrication	Fabricate at least two plaster slabs and plaster blocks (approved by the supervisor) following the mixing guidelines for gypsum and water as given in the logbook.	DOLS	Logbook grading
2.	Wire Bending	Fabricate at least two A, B, G and S (approved by supervisors) with 0.7mm wire using different pliers following the instructions given in the logbook.		
3.	Fabrication Of Adam's Clasp	Fabricate at least one Adam's clasp (approved by supervisors) with 0.7mm wire using different pliers on a plaster model following the instructions given in the logbook.	DOLS	Logbook grading
4.	Impression taking	Take impressions of both maxilla and mandible of a simulated patient following the guidelines provided in logbook.		
5.	Pouring	Make a model/cast by pouring dental stone in the impressions taken, following the recommended guidelines.		

Reading Sources:

Text Books: Applied Dental Materials by John F McCabe. 10th edition.

Phantom head lab: used for realistically simulating all types of dental treatment as well as ergonomic working or first aid procedures but without a real patient having to be present.



Internet resources: With easy excess to digital library students will use internet resources with added time flexibility to enrich and update their knowledge and its application.

Library: It provides wealth of resources, space to study alone or in a group. It also provide world of books to discover and borrow.

<u>Assessment Criteria :</u>

Knowledge:

- MCQs (Multiple Choice Questions) are used to asses objectives covered in each module.
- A MCQ has a statement or clinical scenario followed by four options (likely answer).
- Students after reading the statement/scenario select ONE, the most appropriate response from the given list of options.
- Correct answer carries one mark, and incorrect 'zero mark'. There is no negative marking.
- Students mark their responses on an answer sheet provided by examination department.

Skills:

- OSPE: Objective Structured Practical Examination:
- Each student will be assessed on the same content and have same time to complete the task.
- Comprise of 12-25 stations.
- Each station may assess a practical tasks include practical skills and application of knowledge
- Stations are observed, interactive, application of knowledge based and rest.
- In Observed and Interactive Stations these will be assessed by internal or external examiners through structured viva or a task.
- Application of knowledge Stations: it will be static stations in which there will be pictures, clinical scenarios with related questions for students to answer on the provided answer copy.
- Rests: It is a station where there is no task given and in this time student can organize his/her thoughts.

AIDM Internal Assessment Policy

Students will be assessed to determine achievement of learning objectives through the following:

• Midterm Examination will be scheduled on completion of half of the course



- Mock Examination will be scheduled on completion of whole course
- The method of examination comprises theory exam which includes MCQs, and practical examination by OSPE (Objective Structured Practical Examination).
- Student's behaviors and attitudes will be observed during all academic activities.

Annual Examination:

- Marks of both internal assessments will constitute 20% weightage as per JSMU policy.
- University Annual examination will be based on MCQs and OSPE.

Attempts:

There are 2 attempts in the third professional examination only. 2nd attempt is the supplementary examination which if not passed student has to repeat the year.

Course Evaluation:

- Pass/fail ratio of continuous and summative assessments will be evaluated.
- 75% attendance is mandatory to be eligible for annual professional examination
- Feedback will be taken
 - Regarding course from students and faculty
 - Student feedback regarding faculty
 - Faculty feedback of students

Course Faculty:

- Dr Rafia Ruaaz (HoD & Assistant Professor)
- Dr Lareb Khattak (Demonstrator)
- Dr Shareel Khan (Demonstrator)

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